

## REQUEST FOR ERGONOMIC EVALUATION

The term "ergonomics" applies to the relationship between workers and their environment. It involves arranging items in the environment so the worker can use them safely and efficiently. Many office employees spend the majority of their time either in front of the computer or sitting at a desk. Improper work station arrangement combined with repetitive motion may contribute to visual and musculoskeletal fatigue.

Ergonomic evaluations and assessments help limit the risk of injury to workers by identifying ergonomic risk factors and then making improvements to the workplace or work practices. Issues associated with computer workstations are generally temporary and can often be resolved using simple corrective measures such as proper computer set up, monitor positioning, rest breaks, etc.

To request an assessment of your work area, Please complete the following information and send this form to: ehsafety@uta.edu

FIRST NAME:		LAST NAME:	
PHONE NUMBER:		EMAIL ADDRESS:	
DEPARTMENT:		JOB TITLE:	
BUILDING:		ROOM #:	
SUPERVISOR'S FIRST NAME:		SUPERVISOR'S LAST NAME:	
SUPERVISOR PHONE:		SUPERVISOR EMAIL:	
Please list any symptoms or concerns that prompted this request for an evaluation.			
EMPLOYEE SIGNATURE:		DATE:	
SUPERVISOR SIGNATURE:		DATE SUBMITTED:	