

Financial RESOURCES



UT Select Benefits Enrollees

Employee Assistance Program (EAP)

- ▶ Free, confidential support 24/7
- ▶ One-on-one financial coaching

☎ 833-515-0760

🌐 guidanceresources.com

Living Well

- ▶ Personalized wellness plans

🌐 ut.limeade.com

UT Retirement Manager

- ▶ Manage voluntary savings and investments

🌐 go.uta.edu/utretirement

Government Resources

Consumer.gov

- ▶ Credit, debt, and consumer protection guides

🌐 consumer.gov

MyMoney.gov

- ▶ Budgeting and financial planning resources

🌐 mymoney.gov/mymoney-five-tools

Consumer Financial Protection Bureau

- ▶ Tools for managing credit, loans, and debt

🌐 consumerfinance.gov/consumer-tools

Community Resources

2-1-1 Texas

- ▶ Free financial assistance and counseling

🌐 211texas.org

Nerd Wallet

- ▶ Money management tools

🌐 nerdwallet.com

United Way Dallas

- ▶ Financial guidance and educational resources

🌐 unitedwaydallas.org/resources

America Saves

- ▶ Personalized savings plans

🌐 americasaves.org

NapkinFinance

- ▶ Simplified financial educational resources

🌐 napkinfinance.com

National Foundation for Credit Counseling

- ▶ Financial counseling network

🌐 nfcc.org

Community Enrichment Center

- ▶ Money management, budgeting and more

🌐 cechope.org/financialcoaching.html

More

Financial **RESOURCES**



Workshops and Courses

Money ABCs at UTA

- ▶ Financial education program
- ▶ Workshops and self-paced learning

 moneyabcs.uta.edu

Fort Worth Community Credit Union

- ▶ Workshops and financial literacy classes

 fwccu.org/financial-education


EECU Financial Literacy Hub

- ▶ Online learning modules and webinars

 eeccu.org/community/financial-literacy

LinkedIn Learning

- ▶ Courses on personal finance
- ▶ UTA employees have free access

 go.uta.edu/personalfinance

Money Fit

- ▶ Self-paced online courses for all ages

 moneyfit.org/courses

Bank of America

- ▶ Better Money Habits financial education

 bettermoneyhabits.bankofamerica.com/en

Voya Financial

- ▶ Content to help with financial wellness

 voya.com/page/voya-learn-demand-sessions

Corebridge University

- ▶ Education modules for all financial needs

 go.uta.edu/corebridgeresources

Fidelity NetBenefits

- ▶ Organize finances to fit lifestyle and budget

 go.uta.edu/fidelityresources

Khan Academy

- ▶ Financial Literacy courses online

 go.uta.edu/khanresources

Texas Trust Credit Union

- ▶ Personal finance, budgeting, investing, homeownership, retirement planning

 go.uta.edu/ttcuresources

University Credit Union

- ▶ Courses and tools for better financial health

 go.uta.edu/ucuresources



Access more resources
and learn about the Eight
Dimensions of Wellness at

UTA.EDU/WELLNESS