

**EVENTS**  
**schedule**  
**FALL**  
**24**



## AUGUST

**21 WEDNESDAY** | **WELLNESS WEDNESDAY**  
12PM-1PM | Library Parlor, 6th Floor  
Professional Wellness

## SEPTEMBER

**11 WEDNESDAY** | **WELLNESS AWARDS LUNCHEON**  
11:30AM - 1PM | Library Atrium • Invite Only

**16 MONDAY** | **LIVING WELL LIVE DEMO**  
12PM-1PM | [VIRTUAL LINK](#)

**25 WEDNESDAY** | **WELLNESS WEDNESDAY**  
12PM-1PM | Library Atrium, 6th Floor  
Spiritual Wellness

## OCTOBER

**9 WEDNESDAY** | **WELLNESS CONNECT**  
10AM-2PM | Bluebonnet North, U.C.  
Relax, Revive, Refresh  
(Flu Clinic & resources)

**16 WEDNESDAY** | **NATIONAL RETIREMENT SECURITY**  
12PM-2PM | **WEEK WEBINAR**  
Virtual • Presented by TRS

**22 TUESDAY** | **FLU CLINIC #2**  
9AM - 4:30PM | Trinity 112

**23 WEDNESDAY** | **FLU CLINIC #3**  
9AM - 4:30PM | Trinity 112

**30 WEDNESDAY** | **WELLNESS WEDNESDAY**  
12PM-1PM | The Commons, Nueces  
Intellectual Wellness

## NOVEMBER

**11 MONDAY** | **HOLIDAY BLUES**  
12PM-1PM | Library Parlor, 6th Floor